FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	es)														
1. Name and Address of Reporting Person = Ende Eric J				Issuer Name and Ticker or Trading Symbol Matinas BioPharma Holdings, Inc. [MTNB]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) C/O MATINAS BIOPHARMA HOLDINGS, INC., 1545 ROUTE 206 SOUTH SUITE 302				3. Date of Earliest Transaction (Month/Day/Year) 11/01/2018								Officer (give	title below)		(specify below)	
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person					
BEDMINSTER, NJ 07921 (City) (State) (Zip)				Table I - Non-Devivative Securities Assuri						ired, Disposed of, or Beneficially Owned						
1.Title of S (Instr. 3)	Security		2. Transaction Date (Month/Day/Year) any	ion	ed 3. Date, if C	Tra	nsaction 4 (2 8) (I	Securities Ac. A) or Disposed nstr. 3, 4 and 5	quired of (D)	5. An Owne	nount of S	ecurities Be ng Reported	neficially 6	7. Ownership of	eneficial wnership
			Table II -					in this t display uired, Dispo	s who respo form are not s a currently sed of, or Ben evertible secu	require valid C	d to MB	respond control r	unless the		ed SEC 14	74 (9-02)
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transaction Code		5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title of Und Securi	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title		Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock option (right to buy)	\$ 0.74	11/01/2018		A		128,299		(1)	10/31/202	8 Comr Stoo		128,299	\$ 0	128,299	D	
Stock option (right to buy)	\$ 0.74	11/01/2018		A		128,299		11/01/201	8 10/31/202	8 Comr Stoo		128,299	\$ 0	128,299	D	

Reporting Owners

Bounding Comment Name / Addition	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Ende Eric J C/O MATINAS BIOPHARMA HOLDINGS, INC. 1545 ROUTE 206 SOUTH SUITE 302 BEDMINSTER, NJ 07921	X						

Signatures

/s/ Jerome D. Jabbour, attorney-in fact for Eric J. Ende	11/05/2018		
Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The option award was made in accordance with the terms of the Issuer's Amended and Restated 2013 Equity Incentive Plan (the "2013 Plan"). The option vests in equal monthly (1) installments over a period of 12 months commencing on December 1, 2018. The exercise price is based on the closing price for the shares of the Common Stock on the date of grant in accordance with the terms of the 2013 Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.