### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
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longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person <sup>*</sup> Matkovits Theresa				2. Issuer Name and Ticker or Trading Symbol Matinas BioPharma Holdings, Inc. [MTNB]						5. R	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) C/O MATINAS BIOPHARMA HOLDINGS, INC., 1545 ROUTE 206 SOUTH SUITE 302			3. Date of Earliest Transaction (Month/Day/Year) 12/14/2021						X	X Officer (give title below) Other (specify below)  Chief Development Officer						
(Street) BEDMINSTER, NJ 07921				4. If Amendment, Date Original Filed(Month/Day/Year)						_X_1	6. Individual or Joint/Group Filing(Check Applicable Line) _X. Form filed by One Reporting PersonForm filed by More than One Reporting Person					
(City) (State) (Zip)			Table I - Non-Derivative Securities Acqui						quired,	ired, Disposed of, or Beneficially Owned						
1.Title of S (Instr. 3)	Title of Security  Instr. 3)  2. Transaction Date (Month/Day/Year		Execu any	xecution Date, if Code		. 8)	4. Securities Acquire (A) or Disposed of ((Instr. 3, 4 and 5)  (A) or Amount (D) P		Owr Tran (Inst	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		]	Ownership Form:	7. Nature of Indirect Beneficial Ownership Instr. 4)		
			Table II					in this a curre	ns who resp form are no ently valid O cosed of, or Bo onvertible sec	t requir MB cor eneficial	red to ntrol n	respond u umber.				474 (9-02)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ersion Date (Month/Day/Year) of ative	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Nu Transaction Deriv Code Secur (Instr. 8) Acqu or Di (D) (Instr		5. Number Derivative Securities Acquired or Dispos	er of e s (A) sed of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Ti of U Secu	7. Title and Amount of Underlying Securities (Instr. 3 and 4)			9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s	Ownershi Form of Derivative Security: Direct (D) or Indirec	Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	;	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Option (right to Buy)	\$ 0.92	12/14/2021		A		500,000	)	(1)	12/13/20	511	nmon tock	500,000	\$ 0	500,000	D	
Repor	ting O	wners														

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Matkovits Theresa C/O MATINAS BIOPHARMA HOLDINGS, INC. 1545 ROUTE 206 SOUTH SUITE 302 BEDMINSTER, NJ 07921			Chief Development Officer			

## **Signatures**

/s/ Keith A. Kucinski	12/15/2021
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The option award was made in accordance with the terms of the Issuer's Amended and Restated 2013 Equity Incentive Plan. The option vests as to 25% of the shares on December 14, 2022 with the remaining shares to vest in equal monthly installments on the last day of each month over a period of 36 months commencing December 31, 2022.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are no	ot required to respond unless the form displays a currently valid OMB number.