## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	JVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response																
1. Name and Address of Reporting Person *- Jabbour Jerome D				2. Issuer Name and Ticker or Trading Symbol Matinas BioPharma Holdings, Inc. [MTNB]							S. Relationship of Reporting Person(s) to Issuer						
(Last) (First) (Middle) C/O MATINAS BIOPHARMA HOLDINGS, INC., 1545 ROUTE 206 SOUTH SUITE 302 (Street)					Date of Earliest Transaction (Month/Day/Year)     01/01/2020      4. If Amendment, Date Original Filed(Month/Day/Year)										7)		
				4. If A													
BEDMINSTER, NJ 07921 (City) (State) (Zip)					Table I - Non-Derivative Securities Acqu						ured, Disposed of, or Beneficially Owned						
(Instr. 3) Date		2. Transaction Date (Month/Day/Y	ear) Ex	Execution Date, if		(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	5. Amount of Sec Owned Following Transaction(s) (Instr. 3 and 4)		curities Beneficially g Reported		6. Ownership Form:	7. Nature of Indirect Beneficial	
				(IVI	40Hth/1	Day/1 ear)	Cod	e V		A) or (D)	Price	(msur.	. 3 and 4)	Direct (D) Ownersh or Indirect (Instr. 4) (I) (Instr. 4)		I	
Commor share	Stock, pa	r value \$0.0001 p	06/21/2019				<u>J(1)</u>	V	3,000 A		\$ 0	789,	511		I	)	
Reminder:	Report on a s	separate line for each	class of securities b	eneficia	ally ow	wned direct	ly or in		s who ros	nond	l to the	colla	oction of in	formation	contained	n SEC	1474 (0.02)
Reminder:	Report on a s	separate line for each		II - Der	rivativ	ve Securitie	es Acqu	Person this for current	m are not ly valid O	requ MB c	ired to ontrol icially (	resp numb	ond unless per.		contained displays a	n SEC	1474 (9-02)
1. Title of	2. Conversion	3. Transaction Date (Month/Day/Year)	Table  3A. Deemed Execution Date, if	II - Der (e.g. 4. Transac Code	rivative, puts	ve Securitie	es Acquerants, of A) or f (D)	Person this for current	m are not ly valid O osed of, or l nvertible s ercisable and Date	Benefi	ired to control icially ( ties)	Owned and Alving Sessand 4	mount of eccurities	8. Price of		Owners Form of Derivat Security Direct ( or Indir	11. Natur of Indirect Beneficia Ownersh (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	Table 3A. Deemed Execution Date, if any	II - Der (e.g. 4. Transac Code	rivative., puts	ve Securities, calls, war 5. Number Derivative Securities Acquired ( Disposed of (Instr. 3, 4,	es Acquerants, of A) or f (D)	Person this for current nired, Dispo options, co 6. Date Exe Expiration	m are not ly valid O osed of, or nvertible s crissable and Date y/Year)	Beneficecurit	ired to control icially ( ties) 7. Title	oresponumk Owned and A ying Se and 4	mount of ecurities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported	Owners Form of Derivat Security Direct ( or Indir	11. Natur of Indirec Beneficia Ownersh (Instr. 4)

### **Reporting Owners**

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Jabbour Jerome D C/O MATINAS BIOPHARMA HOLDINGS, INC. 1545 ROUTE 206 SOUTH SUITE 302 BEDMINSTER, NJ 07921	X		President and CEO			

### **Signatures**

/s/ Keith A. Kucinski, attorney in fact for Jerome D. Jabbour	01/03/2020
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock dividend, payable to all holders of records of Series B Preferred Stock of 200 shares of Common Stock for each share of Series B Preferred Stock.
- (2) The option award was made in accordance with the terms of the Issuer's Amended and Restated 2013 Equity Incentive Plan. The option vests as to 25% of the shares on January 1, 2021 with the remaining shares to vest in equal monthly installments over a period of 36 months commencing on February 1, 2021.

#### Remarks:

Exhibit 24 Power of Attorney.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

#### POWER OF ATTORNEY

Know all by these present that the undersigned hereby constitutes and appoints each of Keith A. Kucinski, Michael J. Lerner and Bettina C. Elstroth his true and lawful attorney-in-fact to:

- 1. execute for and on behalf of the undersigned Schedules 13D and 13G, Form ID, and Forms 3, 4 and 5 in accordance with Sections 13 and 16(a) of the Securities Exchange Act of 1934 (the "Exchange Act") and the rules thereunder;
- do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete the execution of any such Schedules 13D or 13G, Form ID application for EDGAR codes, and Forms 3, 4 or 5, and the timely filing of such Forms with the United States Securities and Exchange Commission and any other authority; and
- 3. take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, including, without limitation, the execution and filing of a Form 4 with respect to a transaction which may be reported on a Form 5, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in his discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform all and every act and thing whatsoever requisite, necessary and proper to be done in the exercise of any of the rights and powers herein granted, as fully and to all intents and purposes as he might or could do in person, with full power of substitution and resubstitution, hereby ratifying and confirming all that such attorney-in-fact, or his substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming any of the undersigned's responsibilities to comply with Sections 13 and 16 of the Exchange Act.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file any Schedules 13D and 13G and Forms 3, 4 and 5 in accordance with Sections 13 and 16(a) of the Exchange Act and the rules thereunder with respect to the undersigned's holdings of and transactions in securities issued by Matinas BioPharma Holdings, Inc., unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of August 20, 2019.

By: /s/ Jerome D. Jabbour
Jerome D. Jabbour